

2025

Missouri Comprehensive Review & Analysis (CRA)

A Partnership between the Missouri DD Council &
UMKC Institute for Human Development



Purpose

Identify needed systems change and capacity building opportunities related to the services and supports for people with intellectual and developmental disabilities (IDD) in Missouri.

Listening Sessions

Listening to **individuals with lived experience**, their **families**, and **professionals** who provide support services from across the state discuss various issues that are important to them.



Statewide Survey

For **people with lived experience** and their **family members** to learn about their daily life activities, where they live, their future needs, and the needs specific to their families.



Survey Sections



Where You Live



What You Do?



Family Needs



Life Transitions

Key Questions

*“Are these issues important to you in your life **right now**?”*

Important and My Needs are **Met**

Important but Needs are **Not Met**

Not Important

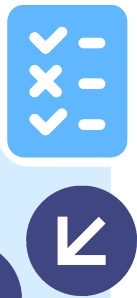
*“How important will these issues be for you in the next **5 years**?”*

Important and Do Not Need More Info

Important but **Need More Info**

Not Important

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Statewide Survey

Who We Surveyed



258 Respondents

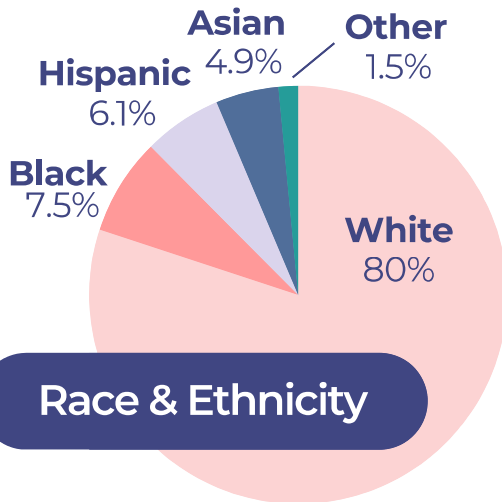
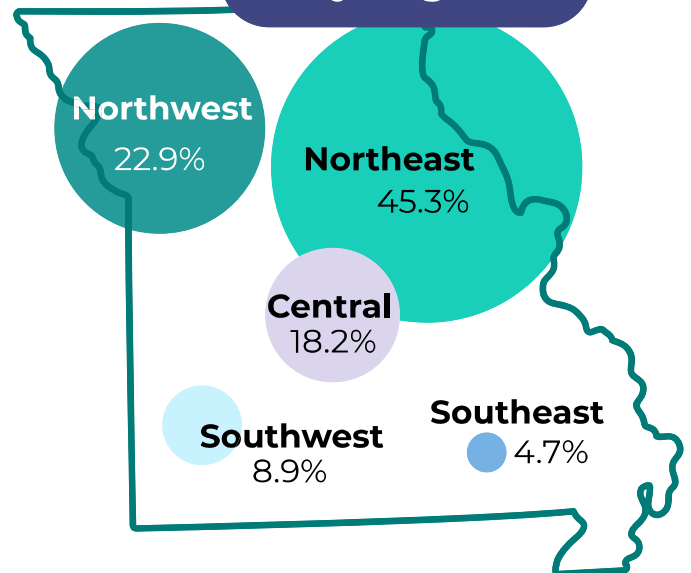


Age Range: 1 to 76 Years Old

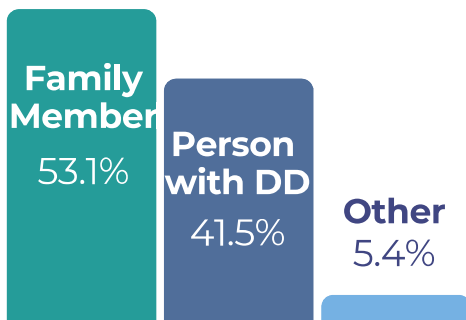


Average Age: 31 Years Old

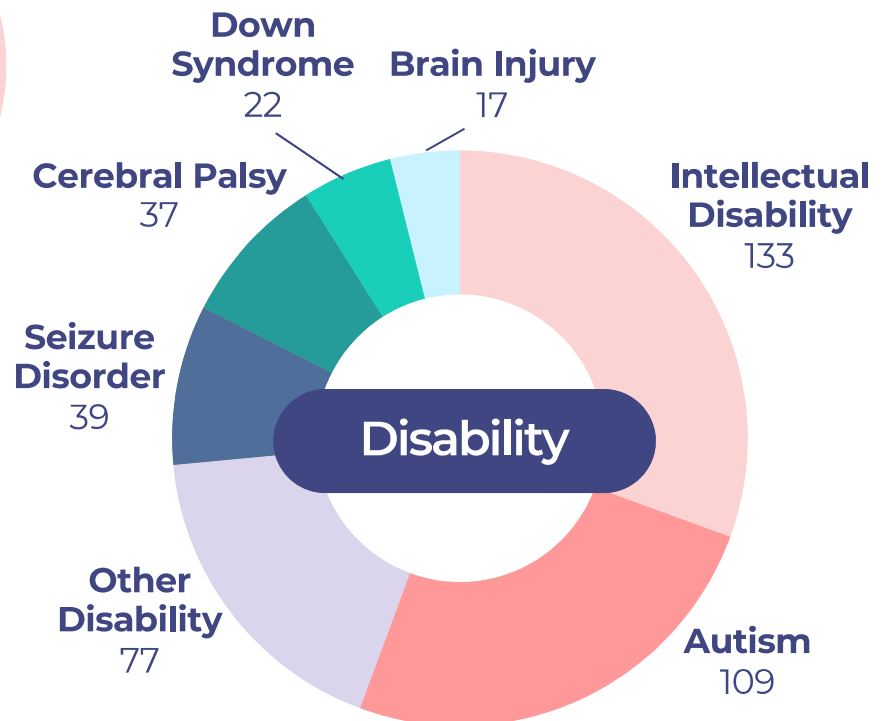
By Region



Race & Ethnicity



Who Answered?



Disability

*434 total cases of disability reported

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Listening Sessions

Who We Spoke With



89 Individuals with IDD



20 Family Members of PWIDD



70 Professionals

Locations



Organizational Hosts



- Abilities First
- Adair County SB40 Board
- Association of People Supporting Employment First (APSE)
- Family Advocacy and Community Training
- Ideal Industries
- Learning Opportunities Quality Works
- Missouri Association of County DD Services (MACDDS)
- Missouri Developmental Disabilities Council (MODDC)
- Missouri Family to Family
- People First Chapters (5)
- UMKC-Institute for Human Development (IHD)

Discussion Topics

Employment Technology Services & Supports
Housing Community
Self-Determination Transportation
Criminal Justice System

15

Sessions

*Size of word represents prevalence throughout discussions



What You Do

"Are these issues important to you in your life right now?"

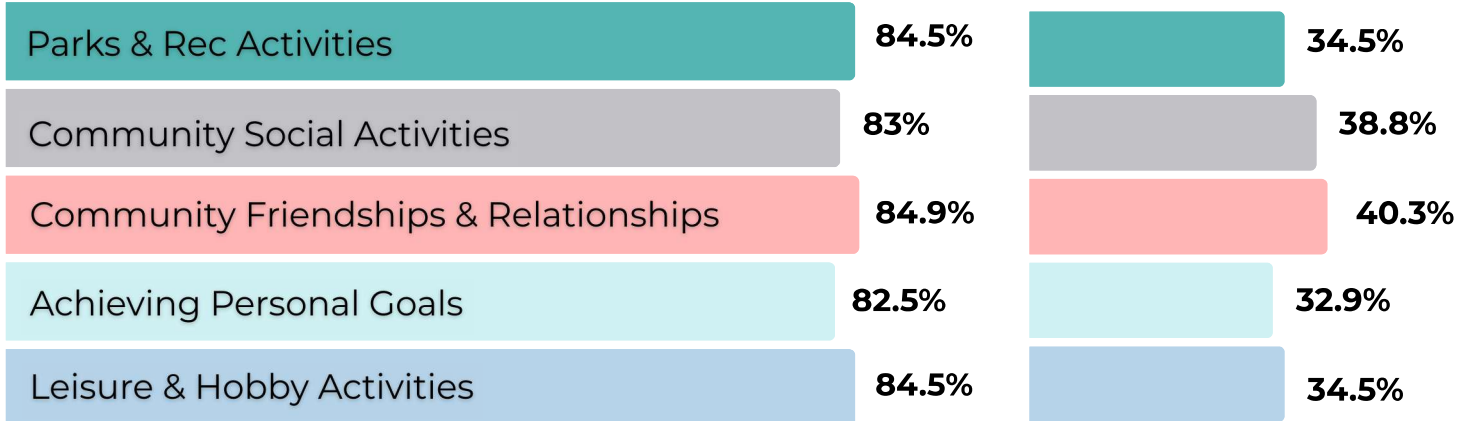
Important & Needs are **Met**

Important & Needs are **Not Met**

Not Important

Overall Most Important

Needs Not Met



 **Individuals with IDD** were more likely to indicate that **working in the community** was more important than were family members who completed the survey.

Community Social Activities

54% of respondents need more information and resources.



Question: Anything else that could happen to make your life better?

“

Getting a chance to meet more people.

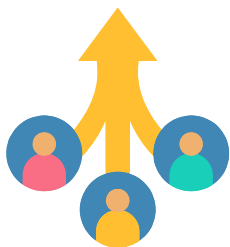
”

-Listening Session Participant

Achieving personal goals was found to be significantly more likely as an unmet need for **individuals with autism** than any other disability group (43%).



 The listening sessions highlighted **society's lack of awareness and acceptance of people with disabilities**, which makes people with IDD feel like they cannot be full participants in their communities.



Life Transitions

"Are these issues important to you in your life right now?"

Important & Needs are **Met**

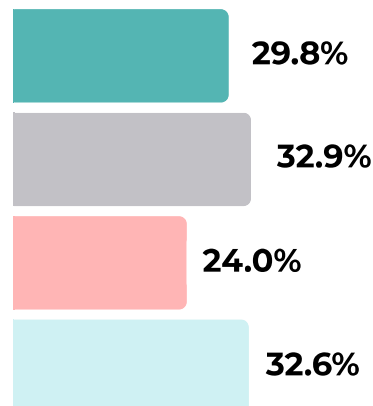
Important & Needs are **Not Met**

Not Important

Overall Most Important



Needs Not Met



“

The more things we can do as individuals on our own, the more **independent** we feel. When I get everything done all by myself, that makes me feel good. And **it shows that I can do this**, and I don't need help.

-Listening Session Participant



Only **7%** currently live independently without supports

Employment

30% of participants identified employment as their primary daytime activity



37% do not know what resources are available for life transition support



85% of respondents said **access to paid services** will be important to them in the **next 5 years**



Where You Live

Statewide Survey

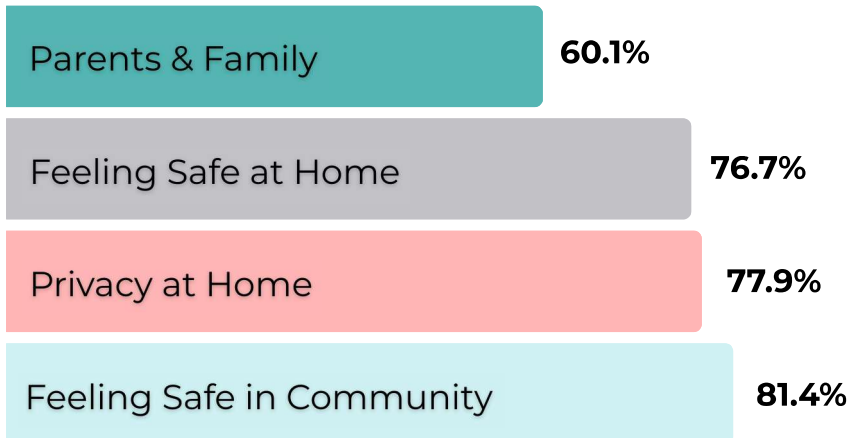
"Are these issues important to you in your life right now?"

Important & Needs are Met

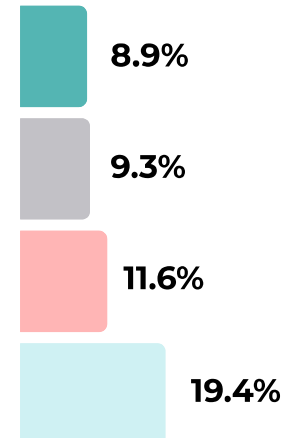
Important & Needs are Not Met

Not Important

Overall Most Important



Needs Not Met



Living Arrangement

53.5% of participants live with parents or family



“

Where do individuals who don't want to or wouldn't qualify for comprehensive support go — **where do they live that's affordable, that's safe, you know?**

”

-Listening Session Participant



25% feel transportation is the biggest challenge to obtaining living options they need.

Individuals with disabilities reported more often than family members that they **need more information on feeling safe in their community.**



Among all survey sections, living arrangements saw the **greatest variation of importance based on age group**, which emphasizes the need for tailored supports for people at different stages of life.





Family Needs

Statewide Survey

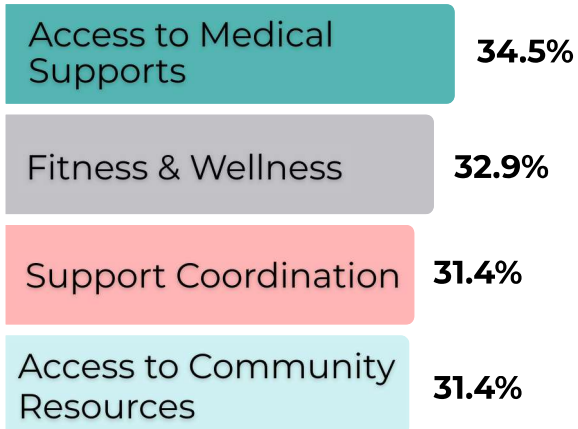
"Are these issues important to you in your life right now?"

Important & Needs are **Met**

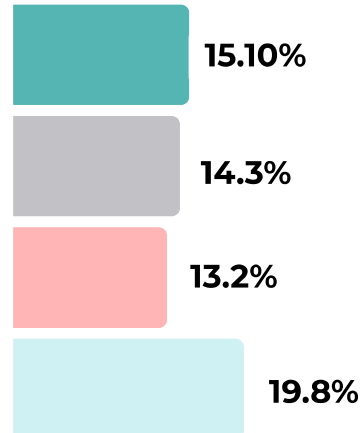
Important & Needs are **Not Met**

Not Important

Overall Most Important



Needs Not Met



“

Medicaid's a nightmare.

If I hadn't just decided to basically make it my part-time job to just go and sit in an office until we figured out everything we needed to figure out to get it started here, he would probably still be waiting to get Medicaid.

-Listening Session Participant

”

Case Management

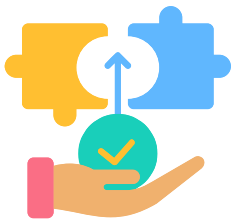
76.5% receive support coordination



93% of people said access to **medical supports** would be important in the **next 5 years**

46.5% do not know what resources are available about getting the supports or services their family needs.





Future Needs

“How important will these issues be for you in the next 5 years and do you need more information?”

The top 5 most important issues reported that individuals **need more information** about in order to make decisions about their future.



Long-Term Care Plan

Having a long-term plan in place if I need more care than I currently receive.



Social Activities in Community

Concerts, sporting events, dances



Access to Community Resources

Public library, faith-based services, food bank



Paid Services

Medicaid services



Achieving Personal Goals

And how to reach them

Created by

UMKC Institute for
Human Development
A University Center for Excellence in Developmental Disabilities

In partnership with

